

What is a Directed Retreat?

A Directed Retreat is a time specifically designed to help an individual experience the presence of God in their life and to listen to the call of God to them at this time.

Each retreatant is assigned a director who is trained in the art of spiritual direction. The retreatant has the opportunity to meet with his or her director for about 50 minutes each day. The director listens and helps discern the presence of God in all that is happening in the individual's prayer and reflection.

The days provide an environment of solitude. A relaxed silence is kept in the retreat center and those on retreat have the opportunity to celebrate the Eucharist, spend time in meditation, journaling, reading, art expression and listening to music. Our grounds provide space for leisurely walks and contemplative time in nature. Each night we have an optional evening prayer ritual. The goal is to set aside the busyness and normal activities in order to deepen your awareness of God and your relationship with God.

God is really the director of the retreat. The experience is unique for each person. God desires to draw closer to us in a relationship of love.



"Be still and know that I am God."

The Center was established in 1982 as a spiritual retreat/renewal ministry of the Sisters of St. Francis of Tiffin, Ohio.



It continues to carry out the spirit and charism of the Sisters of St. Francis.

The Center is located on the Motherhouse property, which includes 400 acres at the south end of Tiffin. Guests are welcome to enjoy the beautiful grounds and gardens for peaceful walks, contemplation, and reflection.

Though we are a retreat/renewal center in the Catholic tradition, we welcome groups of diverse faiths and backgrounds who appreciate our contemplative environment.

We invite you to step away from the daily grind and join us for a retreat or program.

Directions to the Center and a schedule of retreats, other programs, and special events are available at:

www.franciscanretreats.org



This retreat begins Sunday evening, April 24th with 5:00 p.m. supper. Please plan to arrive between 3:00 and 4:30 p.m., if possible, to get settled. At 7:00 p.m. we will gather for introductions and opening prayer. Our time will conclude at 11:30 a.m. on Saturday night.

***With a Listening Heart:
A Directed Retreat
April 24 - 30, 2016
Sun. 5:00 p.m. - Sat. 11:30 a.m.***



Directors

Pat Froning, OSF

Breta Gorman, RSM

Father Tom Bishop

Roberta Marie Doneth, OSF

**St. Francis Spirituality Center
200 St. Francis Ave.
Tiffin, OH 44883**

Phone: 419-443-1485

Fax: 419-447-1612

www.franciscanretreats.org

Find us on Facebook

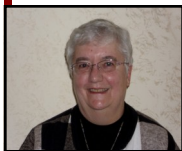


ST. FRANCIS
Spirituality Center

Directors:



Sr. Breta Gorman, RSM has been a Sister of Mercy for 59 years ministering in the fields of education and spirituality. She earned a BA from Our Lady of Cincinnati College and an MS from the University of Toledo. She also holds a degree in Spirituality from the Jesuit School of Theology, Toronto, Ontario, Canada. Breta's special interest in the Enneagram has spanned many years, including workshops with different experts in the field. She especially enjoys helping people discover their personality types.



Sr. Roberta Doneth, OSF is a native of northern Michigan. She entered the Sisters of St. Francis of Tiffin, OH after finishing her BA from Madonna University in Livonia, MI. She also holds an MA in administration from the University of Dayton and earned an MA in Franciscan Spirituality from the Franciscan Institute at St. Bonaventure University. She was an educator, administrator and also served on her community leadership team, where she was the Peace and Justice Coordinator and facilitator of initial and on-going formation for her community. She presently ministers as a retreat leader, spiritual director, a staff member of Franciscan Pilgrimages Program and as a speaker on Franciscan Spirituality.



Fr. Tom Bishop has served in the Youngstown Diocese as Servant Leader/Pastor and Spiritual Director for the last 46 years. Recently retired, Fr. Tom continues

to volunteer in multiple outreach ministries in Canton, Ohio. He was ordained following 9 years of study and formation at the Athenaeum of Ohio in Cincinnati. Fr. Tom served on the team for the Spiritual Direction Institute for priests for 6 years. He received additional formation at Jesuit Retreat Center in Guelph, Ontario, and Sacred Heart of Jesus University in Fairfield, Connecticut. Fr. Tom celebrates that with open ears and hearts we can hear the voice of God and be guided in naming the movement of the Holy Spirit within.

Sr. Patricia Froning, OSF

Pat is a member of the Sisters of St. Francis, Tiffin, OH and has been a listening heart for many in spiritual direction for over thirty years. Pat sees spiritual direction as a gift by which two people together see the work of God alive in someone's life. Pat sees herself as "listener" - open to hear the message of "Our Beloved." Throughout her years as a Sister of St. Francis she has pursued professional education with BA and MBA degrees and credentialing in the fields in which she ministered. Equally important to her are Franciscan reading, studies and workshops.



Registration Form

With a Listening Heart

April 24 - 30, 2016

Registration Deadline: **April 18, 2016**

Name _____

Address _____

Phone _____

Email _____

Emergency Contact Person & Phone

Special Needs (dietary or physical)

Enclosed is my check for \$ _____ payable to **St. Francis Spirituality Center** (including a non-transferable, non-refundable deposit of \$50.00).

_____ \$470 full retreat

_____ \$350 commuter

_____ I am interested in scheduling a massage during retreat.

(additional fee: ___\$30 - 1/2 hr or ___\$50 - 1 hr)

To register: call with credit card or send a check with completed form to:

St. Francis Spirituality Center
200 St. Francis Ave.
Tiffin, OH 44883
Phone: 419-443-1485
Fax: 419-447-1612

Email: peace@franciscanretreats.org



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